

BANKSTOWN BUSHWALKING CLUB INC.

COVID-19 SAFETY PLAN

Effective 4 August 2020

We've developed this COVID-19 Safety Plan to help create and maintain a safe environment for club members and visitors.



COVID-19 SAFE ACTIVITIES – Participants in club activities should comply with all applicable [government COVID-19 safe requirements](#). In addition, all participants on club activities should comply with the following while on club activities.

Wellbeing of members and visitors

- Members and visitors should not participate in club activities if they show any signs of being unwell.
- Leaders should remind members and visitors of the need to be COVID-19 safe on all club activities.
- Members and visitors should comply with COVID-19 safe requirements including maximum numbers and physical distancing at any venues visited.
- Leaders are asked to plan the activity route to reduce risk. Considerations are:
 - ensure there is enough space to practice physical distancing during the activity,
 - minimise the need to touch other participants (e.g. assisting with scrambling),
 - avoid popular and potentially crowded routes.
- Where it is not possible to practice physical distancing an alternative activity should be undertaken.

Physical distancing

- Participants should stay at least 1.5m apart at all times.
- Where it is not possible to distance on a club activity (e.g. supervising beginners at an abseil day) masks or other face coverings should be worn.
- There should be a maximum of 20 participants on any outdoor club activity.
- There should be no carpooling other than with members of the same household. All participants should need to make their own way to the activity starting point.
- Leaders consider the need for physical distancing when planning public transport usage or selecting cafes etc for refreshments during or after the activity.
- The club holds a Zoom license that can be used for meetings and presentations where practical.

Hygiene and cleaning

- Participants in club activities are to adopt good hand hygiene practices. All participants in club activities should carry hand sanitizer and use it regularly, particularly before eating or during breaks after using handrails etc.
- Participants should not share food, water and equipment with others who are not from their household.
- Participants should not hand mobile phones or cameras to someone who is not from your household to take a picture of them. Ask others to use their own equipment and send photos to you or share in the club's Facebook account.

- The sharing of equipment by more than one club member is strongly discouraged. Where equipment is shared then the item should be cleaned with disinfectant or isopropyl alcohol.
- Ropes and other equipment used on club abseil activities are to be cleaned or sanitised in accordance with manufacturers recommendations or isolated for a period of seven days after use.
- The club will make isopropyl alcohol or some other suitable disinfectant, paper towels and hand sanitiser available at all abseil practice days. Disinfectant solutions should be maintained at an appropriate strength and used in accordance with the manufacturers' instructions.

Record keeping

- All members and visitors are to sign the activity register for each club activity they participate in. The information from the activity register will be provided to health authorities for the purpose of tracking COVID-19 infections if required.
- Members and visitors are encouraged to bring their own pen to be used when signing the activity register.
- Any club members testing positive to COVID-19 are to advise the Activity Leader of any trips they attended. The Activity Leader will ensure that other attendees know of the positive test.
- The club will cooperate with NSW Health if contacted in relation to a positive case of COVID-19.
- All members and visitors should provide their full name and mobile number or email address at any venues visited on a club activity.
- Members and visitors are encouraged to download and use the COVIDSafe app to support contact tracing if required.